

#### We are registered with CQC (Care Quality Commission) for the following

**Care Quality**Commission

- Treatment of disease, disorder or injury
- Nursing
- Personal care

All our staff are carefully vetted and go through the DBS checks (formally the criminal records checks).

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# Caritas Home Care CareSolutions Services

### **Home Care Services**

It is our mission to contribute to the healthcare industry by delivering quality care that is consistent all the time every time. Our Home Care Services aim to enable people to remain at home rather than use residential, long-term, or institutional-based nursing care.

We provide the right sort of help to ensure you will continue to stay in your home where you will have a better quality lifestyle and more access to the community. Whether you are coming home after a stay in the hospital or simply need some assistance with the activities of daily living, we can help. We can customize a care plan that fits into your schedule and meets your needs - whether it is a couple of hours a week or around-the-clock care.

It might be a family member affected by advanced age, they have a temporary or long-term physical or mental disability, or are simply recovering from surgery or an illness, we can design a programme to meet their specific needs. Depending on the situation, we can provide services to enhance quality of life.

#### **Home Care Services**

- Personal care: bathing assistance, assistance with dressing and grooming, assistance with continence needs.
- Light housekeeping.
- Laundry.
- Meal preparation, including shopping and assistance with meal planning.

- Errands.
- Respite support: here the home help takes the place of the normal carer (who is normally a family member).
   This may mean staying overnight when a carer wants a holiday.
- Monetary help, a home help may be asked to collect a pension or pay a bill.

## **Companionship Services**

Research shows that social isolation and loneliness can impact negatively on physical and mental health.

Do you or an elderly family member spend a lot of time alone and could benefit from having someone dropping by occasionally for a cup of tea and a chat?

Our Companionship Services help alleviate loneliness and social



isolation. We try and find the best fit between carers and our Clients. We help our Clients to stay independent and give the right help to promote lifestyle choices.

#### Our services can be for anything, be it:

- Support to attend appointments
- An outdoor activity
- Going on a holiday

- Help and company for social outings
- Help with hobbies

Whatever the need, we can usually come up with a tailor made solution. It might be for a 30 minute call or for longer. If need be we also have live in carers. Our live in carer's duties include tasks around the home and providing emotional support and companionship.

If you get in touch with us concerning your needs or you just want to explore your options, someone from our team is there to talk to you and discuss your concerns without any obligations.





"I am very happy with the carers.
They are always prompt in timing, very professional and dignified with the care for my husband."

**Mrs Allison - South Cave** 

"Caritas Care Staff are friendly, helpful and professional at all times."

Tracy Holah - Regional Manager, Mencap



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